

# OFSC NEWSLETTER

*Orillia Figure Skating Club*

*April 2023*

## ANNUAL GENERAL MEETING

All skating families are invited to attend our Annual General Meeting on Sunday, May 7th.

This meeting will be held online at 7:00 p.m. and an email with full instructions and details will be sent out soon. This is your opportunity to hear a review of our Club's events this past year and to help us plan for next year. Your interest and involvement are key to our success!

For those who attend right to the end of the AGM, there will be a draw for a free fall/winter membership!

## BOARD MEMBERS NEEDED

We are looking for individuals to join our Board for the upcoming 2023-24 season. Please email Lori at [ofscpresident@gmail.com](mailto:ofscpresident@gmail.com) before April 16th if you are interested in running for a position and volunteering your time to help the Club.



## PROVINCIAL QUALIFERS



The Orillia Figure Skating Club is very proud of the following skaters for qualifying to the Provincial Championships being held in Stratford March 24-26th. Left to Right - Joseph Rowe Star 5 013 Men, Lenna Elliott Star 9 014 Women and Star 10 Women, Hailey Irwin Gold Ladies, Torrance Doherty Star 5 U10 Women and Ben Anderson Pre-Juvenile U11 Men. We wish them all the best!

## TAG DAY

The Orillia Figure Skating Club Tag Days will be Friday, April 28th and Saturday, April 29th.

StarSkaters are required to fill a 2 hour time slot as part of their club commitments. They will stand outside a predetermined store receiving donations for the club. Depending on the age of the skater, parents may need to stay with their skaters.

Information on how to sign up for a time and location were sent in an email. Please be sure to sign up. If tagging on Friday or Saturday from 8-10am boxes can be picked up during skating sessions on Thursday. If tagging from 10-4pm on Saturday, pick up your box 30 minutes prior to your shift beginning.



## DATES TO REMEMBER

### APRIL

Monday, April 3rd - PreCan and CanSkate begins  
Wednesday, April 5th - PreCan and CanSkate begins

Friday, April 7th - NO SKATING  
Monday, April 10th - NO SKATING

Friday, April 14th - PreCan and CanSkate begins

April 28-29th - TAG DAY for all StarSkaters

### MAY

Saturday, May 6th - StarSkate Celebration at Rotary  
from 2-4pm

Thursday May 18th - Test Day

## STARSKATE YEAR END CELEBRATION!



The Orillia FSC wishes to celebrate the outstanding effort and accomplishments of all StarSkaters over this year's season. Not only have you persevered, you have excelled!

Please join us at Rotary Place  
on Saturday, May 6th from 2-4 p.m.

All skaters and their families  
are welcome.



## SKATERS OF THE MONTH



Joseph Rowe (pictured left) is 16 years of age and skates on the Silver session with the Orillia FSC. He has completed his Star 6 skills, his Star 6 Dances and is competing at the STAR 5 O13 Freeskate level. Through hard work and determination, Joseph has qualified for the Provincial Championships being held in Stratford, Ontario. He is coached by Tracey Zwiers. Outside of skating, Joseph enjoys basketball, playing video games and working out.

Haileigh (pictured right) is 15 years old and skates on our silver session. Haileigh is a part of the Orillia FSC enhancement team and is coached by Skyanne Tillotson. She is currently working on her star 6 freeskate, star 8 dances, and star 10 skills. Outside of skating Haileigh enjoys going to the gym and hanging out with her friends.



**Please Remember to Like us on Facebook**

# ORONO COMPETITION

Congratulations to Romy Russell from our Bronze session who received a Bronze assessment in Star 2 group 2 at the Orono Competition.



## On-Ice Session with Meagan Duhamel & Bruno Marcotte



**Meagan Duhamel**

- 7 time Canadian Pairs Champion
- 2 time World Pairs Champion
- 2018 Olympic Gold Medalist
- 2018 Olympic Bronze Medalist
- 2014 Silver Medalist



**Bruno Marcotte**

- Bruno is a former National and International Pairs competitor
- He has been coaching since retiring from competitive skating in 2002.

## Off-Ice Sessions with Dr. Judy Goss & Kelsi Graves



**Dr. Judy Goss, PhD**

- Sport Psychologist with extensive experience with figure skaters
- Co-creator of the Skate Canada Body Positive Guideline



**Kelsi Graves**

- Jump Rope Instructor
- Group Fitness Instructor

# SKATING SEMINAR

Last month StarSkaters took part in a Seminar to further develop our athletes. On-ice sessions featured Meagan Duhamel and Bruno Marcotte, both of whom were international and national figure skating competitors. Off-ice sessions included a fitness workout with Kelsi Graves and a discussion with sports psychologist Dr. Judy Goss.



The Orillia Figure Skating Club would like to recognize all of our skaters for their hard work and dedication during the 2022-23 season. You should be proud of all of your effort and successes!

## **BRONZE SESSION SKATERS**



## **SILVER SESSION SKATERS**



## **GOLD SESSION SKATERS**

